STAY **INTOUCH**

Everyone leads such busy lives that it can be difficult to see as much as you'd like of the people you care about.

That's why it's great that the internet gives you so many wonderful ways to stay in touch, and feel closer to your friends and family.

Whether they're at the other side of town or the other end of the world, you can send and receive messages instantly, share meaningful moments in photos and videos, and even talk to them face-to-face.

"I LOVE EMAIL **BECAUSE IT MAKES** IT SO EASY TO SHARE PHOTOS WITH MY FAMILY."

Safety tip

Think about what you share with others online: visit our website at www.explore.ee.co. uk/digital-living for tips and advice.

Email (electronic mail)

There's no need to search your wallet for that last, slightly fluffy stamp: just type your message and send it, instantly. It's easy and instant to send and receive letters and notes over the web via email, and you can even include digital photos and videos.

Making calls and texting through the internet

Did you know that you can use the internet as a phone? It's a great way to save money and connect with the people you care about, whether they live far away or just around the corner. And on lots of computers and phones you can also set up a video link so you can talk face-to-face.

Social networking

If you've got teenage relatives or friends, you've probably heard about Facebook, which is now used by millions of people around the world. This and other social networking sites give you an informal means of staying in touch with friends old and new, by sharing photos, messages, opinions, things that interest you and events with your community of contacts.

Taster

Set up your own email account for free at Google mail www.gmail.com or try Hotmail at www.hotmail.co.uk

On the go

You can set up e-mail accounts on your smartphone, so you can receive e-mails on the move.

Taster

Check out the Skype website. Watch the free tutorial www.skype.com and discover how to make free

On the go Try **Whatsapp** or **Viber** for quick and easy text messaging services.

Taster

www.myspace.com - it's literally 'your space'.

On the go Why not install the Twitter app on your smartphone or use the Facebook app to 'check-in' when you are out and about.

